

## INTRODUCTION

We are delighted that you have chosen to advertise in this important publication. Please take the time to carefully read through this document, it contains all the relevant information you require to create the correct print ready artwork.

Should you require any additional details, kindly email Linda Young at: [production@oxygen10.com](mailto:production@oxygen10.com)

## SPECIFICATIONS

### Today's Business Woman

Trimmed page size 230mm x 285mm

Perfect Bound, Web-offset

### Today's Business Woman

	Trim width x height	Type Area/Safety width x height	Bleed width x height
Double page spread	460mm x 285mm	430mm* x 265mm	466mm x 291mm
Single page	230mm x 285mm	200mm x 265mm	236mm x 291mm
Half page horizontal (with-bleed)	230mm x 137mm	200mm x 117mm	236mm x 143mm
Half page horizontal (non-bleed)	200mm x 127mm	-	-
Half page vertical (with bleed)	110mm x 285mm	80mm x 265mm	116mm x 291mm
Half page vertical (non-bleed)	-	95mm x 265mm	-
Quarter page	-	95mm x 127mm	-

\* Include a gutter allowance of at least 15mm either side of centre

## FILE INFORMATION

### File Format

We only accept PDF/X-1a file format, which is a globally agreed file format for the print industry. PDF/X-1a files can be created using Adobe Distiller or directly from Adobe InDesign. Please note, we do **NOT** accept Quark, InDesign, EPS, Photoshop or image files.

### PDF Specifications

- The PDF must be a PDF/X-1a only (Quark, InDesign, EPS, Photoshop or image files are **NOT** accepted)
- The PDF must be compatible with Acrobat 4 (PDF 1.3)
- A PDF file shall be compliant to the ISO PDF/X-1a:2001 standard as defined by ISO 15930-1
- The number of pages in a PDF file must be exactly one.
- Right-reading, portrait mode, 100% size, no rotations.
- Include standard trim and registration marks 4mm outside trim.
- The PDF file must not use layers.
- Files must not contain any transparent elements.
- All PDF files must be pre-flight checked prior to submission.

## FILE INFORMATION (continued)

### Images

- All high-resolution images must be embedded.
- Images must be CMYK, TIFF, EPS or JPEG with a resolution between 300 and 450dpi. If using JPEG compression please ensure that the highest quality setting is used.
- Resolution of 1-bit images (either regular images or image masks) should not be below 550dpi.
- Total Area Coverage (TAC) of elements on a page should not exceed 310%.
- Four colour CMYK file only. No spot colours.
- OPI (Open Pre-press Interface) comments are not acceptable within the PDF file.
- The PDF file should not include any trapping. Trapping will be applied by the printer.

### Fonts

- All fonts must be embedded and all embedded fonts must be subsetted.
- Type 1 fonts only. Multiple Master and True Type fonts must not be used.
- A PDF file must not contain white text set to overprint.
- The file must not contain black text smaller than 12 points that is set to knockout.
- The file should not contain text that is smaller than 5 points or text that is smaller than 9 points and coloured with more than 2 colour separations.
- The PDF file must not contain annotations that are set to print.

It is the file creator's responsibility to ensure that overprint settings with the file are correct. The printer will honour whatever overprint settings are included in the file and black will overprint or knockout depending on what the instruction is. Some proofing systems do not reliably show overprint, therefore we cannot be held responsible for an incorrect print despite any proofing that we may decide to carry out.

## COLOUR PROFILE

The output intent profile of the PDF/X-1a file should be ISOcoated\_v2\_300\_eci.icc. The file is available upon request.

## COLOUR PROOFS

A contract colour proof must be supplied with each file, even if you have submitted the artwork electronically.

## FILE SUBMISSION

### File Submission

Artwork can be supplied:

- On a CD
- Via email (maximum 8MB)
- Uploaded to our FTP site (FTP details available upon request)
- Uploaded to your FTP site if you provide access instructions
- Uploaded to a free file transfer website, for example [www.yousendit.com](http://www.yousendit.com)

## CONTACT DETAILS

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## MORE INFORMATION

**[www.pass4press.com](http://www.pass4press.com)**

Contains a step-by-step guide to creating PDF/X-1a files.

**[www.adobe.com](http://www.adobe.com)**

The Adobe website contains general information on PDFs and PDF programs like Acrobat.

**[www.gwg.org](http://www.gwg.org)**

The website of the Ghent PDF Workgroup who created the PDF/X-1a specification.

**[www.pdf-x.com](http://www.pdf-x.com)**

Contains information on all the PDF-X specifications.